Feeling sad or anxious? Looking for affordable health care? Need help with substance abuse or domestic/sexual violence? Pillars Community Health is a nonprofit provider of health and social services, with 11 locations in the western and southwestern suburbs. Our vision: Equal access to the care you need, when you need it.

Reach out for help today.

24-hour behavioral health crisis support: 708-745-5277 (press 1 for English/2 for Spanish, 3 for Mental Health)

24-hour domestic violence hotline: 708-485-5254

24-hour sexual assault hotline: 708-482-9600

The Living Room, a peer run alternative to the ER for mental health: 708-582-6434

Learn more about Pillars Community Health online: www.PillarsCommunityHealth.org